## Explore the nature, adventure and culture of the slow-town, Sedgefield and surrounding areas.

The weekly Wild Oats Family Market on Saturdays is definitely a not-to-miss experience. We're not kidding when we say there is something for everyone.

Paraglide over Sedgefield and admire the slow-town from a whole new perspective.

Visit Sedgefield Classic Cars, the home of vintage and classic cars. This is becoming a very popular tourist attraction, so be sure to go see for yourself what the buzz is all about.

Tree Adventures offers some really exciting obstacle courses - from 'Swinging Tarzan' to 'Monkey Moves', your kids will love you for it!



There are plenty of hiking trails where you can admire the natural beauty of the region.

One that we highly recommend is the Drupkelders Trail and Rock Pools, which offers everything you could want from a hiking experience; from spectacular scenery to swimming. This is a very exclusive and highly protected natural environment, therefore only 12 visitors are allowed in per day and visitors must obtain a permit from Sanparks to enter.